

OPEN GYM & FITNESS ROOM

WALKING CLUB: SUMMER BREAK FROM MAY 15 -AUGUST 18, 2024

PICKLEBALL: SUMMER BREAK FROM MAY 15 -AUGUST 18, 2024

BASKETBALL: SUMMER BREAK FROM MAY 15 -AUGUST 18, 2024

BADMINTON: SUMMER BREAK FROM MAY 15 -AUGUST 18, 2024

FITNESS ROOM:
MONDAY - FRIDAY
7:00 AM - 8:00 PM
\$1.00 PER DAY (55 & UP)
\$5.00 PER MONTH (55 & UP)
\$35 PER YEAR (55 & UP)

DESERT BREEZE COMMUNITY CENTER SENIOR NEWSLETTER

PROGRAMMING FOR 50 YEARS OF AGE & OVER

SUMMER 2024

8275 W. SPRING MTN ROAD LAS VEGAS, NV 89117 (702) 455-8334



WEEKLY & MONTHLY ACTIVITIES PLEASE SIGN-UP IN ADVANCE. SPACE IS LIMITED!

Session 4: June 3 - July 6, 2024 Break Week: July 7 - July 14, 2024 Session 5: July 15 - August 17, 2024

<u>Tuesdays</u> Chair Aerobics

Session 5 Only:

8:15 AM - 9:15 AM **FREE**

Sign-Ups for Session 5, will take place on Thursday, May 9, 2024 at 7:00 AM

> Line Dance Levels 1 & 2:

3:15 PM - 4:15 PM **FREE**

Wednesdays
Nintendo Wii Bowling

Session 5 Only 10:00 AM - 12:00 PM FREE

Thursdays

Chair Aerobics

Session 5 Only: 8:15 AM - 9:15 AM

FREE

Sign-Ups for Session 5, will take place on Thursday, May 9, 2024 at 7:00 AM

> Line Dance Levels 3 & 4:

12:15 PM - 1:15 PM FREE

Square Dance

Session 5 Only 5:45 PM - 7:45 PM Must Have A Partner. \$5.00

<u>Programs That Will Return In Fall:</u>
Square Dance, Scrabble, Checkers, & Chess.



WORKSHOPS & EVENTS STAY TUNED FOR SIGN-UP DATES!

BOOK CLUB
SECOND MONDAY OF
EVERY MONTH
IN JULY & AUGUST
10:00 AM - 11:30 AM
COST: FREE

NINTENDO WII BOWLING
SILVER PINS TOURNAMENT
LOCATION: BOB PRICE
RECREATION CENTER
WED, SEPT 25, 2024 AT 9:00 AM

STAY TUNED FOR MORE WORKSHOPS & EVENTS, COMING SOON IN FALL 2024.



FIELD TRIPS

In person sign-ups are easier than ever before!

Here's how it works:

- 1. Sign-ups begin at 9:30 a.m., on specified date mentioned further below, for every trip.
- 2. You may arrive as early as 9:15 a.m., to receive a number and reserve your spot in the Registration Line.
- 3. Registration will take place at the Front Desk at 9:30 a.m.. We will call participants in the order in which your number was distributed.
- 4. At least one member of a specific household, must be present to sign-up for a field trip.
- 5. Please remember, space is limited and varies for every field trip.

Stay Tuned for Fall 2024 Field Trip Information!

Field Trips may be cancelled due to low enrollment.

Prices, dates, and other information are all subject to change.



REVISED: MAY 2024